

SMALL GROUP STUDY

Empowering Relationships

From the sermon series, "Health & Healing"



AGENDA

- Allow people to arrive, talk, and snack – 15 min.
- Open in prayer – 30 sec.
- Ice breaker – 15-20 min.
- Show DVD – 10 minutes
- Discussion – 30 minutes
- Worship – 10 minutes
- Prayer – 15-20 minutes
- Discuss details for service project and fun night (if needed) – 10 min

DISCUSSION

1. Read 2 Timothy 2:2. What stood out to you in the sermon this past weekend?
2. Fred said that we have a need for mentors in order to succeed in life. Have you found that to be true? How?
3. Read 1 Corinthians 3:1-9. Who are the people that God has used in YOUR life to lead you to Christ and help you grow in Christ--the "Paul" who planted and the "Apollos" who watered? Who in your life, by way of their example, challenges you to live a better life?
4. In whose lives have you planted or watered?

Icebreakers

Use the questions below to help people open up and to focus your meeting. It is very helpful to go around in a circle with the leader going first. (Remember if you have new members or guests you should take time to introduce everyone.)

1. Who is someone you really admire? In what ways does that person inspire you?
2. When you were a child, what did you want to be when you grew up? What did your parents want you to be?
3. What is the nicest thing anybody ever said about you?



5. Consider what Fred called "the constellation of mentors". In which areas of your life do you think you could benefit from having a mentor?

6. How could you serve as mentor for someone else?

PRAYER

This might be a good week to break into smaller groups for prayer. While praying, be sure to allow times of silence to discern how the Holy Spirit might be leading you to pray.

PLANNING

Take some time to discuss your plans for your service project and fun night if you still need to do so.

God bless,

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